



Australian Government

Credit arrangements for SIS Sport, Fitness and Recreation Training Package

Release: 5.1

SIS Sport, Fitness and Recreation Training Package

Modification History

Release	Release Date	Comments
Release 5.1	22 March 2022	Release 5.1 of the SIS Sport, Fitness and Recreation Training Package comprises the following changes: Qualification codes: <ul style="list-style-type: none">• SIS40619 Certificate IV in Outdoor Leadership changed to• SIS40621 Certificate IV in Outdoor Leadership and• SIS50419 Diploma of Outdoor Leadership changed to• SIS50421 Diploma of Outdoor Leadership

Release 5.0	10 November 2021	<p>Release 5.0 of the SIS Sport, Fitness and Recreation Training Package comprises the following modifications:</p> <p>Fitness and Aqua Exercise Instructors' Training Package</p> <ul style="list-style-type: none"> • Endorsement of two Fitness qualifications: <ul style="list-style-type: none"> • SIS30321 Certificate III in Fitness • SIS40221 Certificate IV in Fitness • Endorsement of four skill sets: <ul style="list-style-type: none"> • SISSS00127 Aqua Exercise Instruction • SISSS00128 Group Exercise Leader • SISSS00129 Pool Lifeguard • SISSS00130 Pre-exercise Screening • Endorsement of 22 updated Fitness units of competency, SISFFIT032 - 053. • Endorsement of seven Sport qualifications: <ul style="list-style-type: none"> • SIS20221 Certificate II in Sport - Developing Athlete • SIS20321 Certificate II in Sport Coaching • SIS30421 Certificate III in Sport – Athlete • SIS30521 Certificate III in Sport – Coach • SIS40321 Certificate IV in Sport Coaching • SIS40421 Certificate IV in Sport Development • SIS50321 Diploma of Sport • Endorsement of four Outdoor Qualifications (minor upgrades): <ul style="list-style-type: none"> • SIS20419 Certificate II in Outdoor Recreation • SIS30619 Certificate III in Outdoor Leadership • SIS40619 Certificate IV in Outdoor Leadership • SIS50419 Diploma of Outdoor Leadership • Seven units deleted: <ul style="list-style-type: none"> • SISFFIT002 Recognise and apply exercise considerations for specific populations • SISFFIT017 Instruct long-term exercise programs • SISFFIT024 Instruct endurance programs • SISFFIT027 Conduct health promotion activities • SISFFIT029 Apply anatomy and physiology to advanced personal training • SISFFIT030 Instruct advanced exercise programs • SISFFIT031 Implement injury prevention strategies <p>Minor change to three units of competency to replace superseded prerequisite unit.</p>
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Release 4.1	March 2021	<p>In response to Skills Reform Ministerial Statement - 9 October 2020, modifications include the removal of unused units of competency from the SIS Training Package:</p> <p>Units removed:</p> <ul style="list-style-type: none"> • SISCAQU013 Coordinate lifeguard service at an aquatic facility
Release 4.0	September 2019	<p>Release 4.0 of the SIS Sport, Fitness and Recreation Training Package.</p> <p>Endorsement of the following Sport qualifications:</p> <ul style="list-style-type: none"> • SIS20219 Certificate II in Sport - Developing athlete • SIS20319 Certificate II in Sport Coaching • SIS30419 Certificate III in Sport - Athlete • SIS30519 Certificate III in Sport Coaching • SIS40319 Certificate IV in Sport Coaching • SIS40419 Certificate IV in Sport Development • SIS50319 Diploma of Sport <p>Endorsement of the following Outdoor Recreation qualifications:</p> <ul style="list-style-type: none"> • SIS20419 Certificate II in Outdoor Recreation • SIS30619 Certificate III in Outdoor Leadership • SIS40619 Certificate IV in Outdoor Leadership • SIS50419 Diploma of Outdoor Leadership <p>Please see the separate Outdoor Recreation Companion Volume Implementation Guide for specific information relating to outdoor recreation training package products.</p>
Release 3.0	December 2017	<p>Endorsement of 15 Equine Units of Competency (Separate Companion Volume has been merged with the Outdoor Recreation Companion Volume Implementation Guide)</p>
Release 2.0	December 2015	<p>Endorsement of the following qualifications:</p> <ul style="list-style-type: none"> • SIS10115 Certificate I in Sport and Recreation • SIS20115 Certificate II in Sport and Recreation • SIS30115 Certificate III in Sport and Recreation • SIS40115 Certificate IV in Sport and Recreation • SIS50115 Diploma of Sport and Recreation Management
Release 1.0	September 2015	<p>Primary release of SIS Sport, Fitness and Recreation Training Package.</p>

Credit Arrangements

At the time of endorsement of this Training Package no national credit arrangements exist.

Links

Companion Volume Implementation Guides -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>