



Australian Government

SISCAQU020 Perform water rescues

Release: 1

SISCAQU020 Perform water rescues

Modification History

Not applicable.

Application

This unit describes the performance outcomes, skills and knowledge required to complete water rescues in indoor or outdoor, built or natural swimming venues. It requires the ability to assess rescue situations, determine appropriate rescue actions, and use a range of equipment and techniques to provide prompt and effective rescue responses.

This unit applies to any type of sport, fitness, aquatic or recreation organisation including commercial, not-for-profit, community and government organisations.

It applies to any worker who may be required to complete water rescues, including pool lifeguards, swim teachers, aqua exercise instructors, outdoor recreation leaders and others. Rescuers use discretion and judgement to manage problems when they arise, guided by established organisational rescue procedures.

White water and surf rescues are covered in outdoor recreation units coded SISOORSC.

The skills in this unit must be applied in accordance with Commonwealth and State or Territory legislation, Australian standards and industry codes of practice.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Nil

Competency Field

Aquatics

Unit Sector

Community Recreation

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes.

1. Assess the situation and determine rescue

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1. Identify signs and signals of person in difficulty and assess

- requirements. their situation promptly.
- 1.2. Identify hazards and promptly assess risks to self, rescuee and others.
 - 1.3. Determine appropriate rescue methods for situation, according to condition of person in need of rescue and established organisational rescue procedures.
 - 1.4. Select rescue equipment suited to emergency situation.
 - 1.5. Provide prompt rescue alert to appropriate personnel according to time constraints and organisational emergency response procedures.
2. Rescue a person from water.
 - 2.1. Provide clear and concise instructions to person being rescued, when conscious.
 - 2.2. Rescue person in water using reach equipment and techniques, when indicated.
 - 2.3. Utilise throw equipment and techniques to rescue person in water, when indicated.
 - 2.4. Use tow techniques to rescue person in water, when indicated, selecting approach and contact methods to minimise risk of injury to self.
 - 2.5. Identify and promptly respond to hazards and rescuee conditions that arise during rescue.
 - 2.6. Remove person from water safely and efficiently, engaging assistance when available and required.
 - 2.7. Assist rescued person according to organisational emergency response procedures.
 3. Debrief and complete reports.
 - 3.1. Participate in incident response debrief and identify future response improvements.
 - 3.2. Complete required incident reports according to organisational procedures.

Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

SKILLS

DESCRIPTION

- | | |
|--------------------|--|
| Reading skills to: | <ul style="list-style-type: none"> • interpret detailed familiar organisational procedures for rescues and emergency response. |
| Writing skills to: | <ul style="list-style-type: none"> • use fundamental sentence structure to record accurate factual information about rescue responses in template incident reports. |

- Oral communication skills to:
- use clear and unambiguous verbal and non-verbal communications to make intent known.
- Self-management skills to:
- critically analyse all circumstances and implications to provide a prompt and considered rescue response.

Unit Mapping Information

Supersedes and is not equivalent to SISCAQU002 Perform basic water rescues.

Links

Companion Volume implementation guides are found in VETNet - <https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>