



**Australian Government**

# **RGRPSH418 Set goals to improve racing performance**

**Release: 1**

## RGRPSH418 Set goals to improve racing performance

### Modification History

Release	Comments
Release 1	This version released with RGR Racing and Breeding Training Package Version 2.0.

### Application

This unit of competency describes the skills and knowledge required to identify factors that impact upon racing performance and performance improvement, identify coping skills, seek assistance when necessary and manage career and personal priorities.

The unit applies to individuals who work in racing industry sectors and are preparing to improve career and personal performance. They take responsibility for their own development and work collaboratively with others under broad direction.

Licensing, legislative, regulatory or certification requirements apply to this unit. Users are advised to check with the relevant Principal Racing Authority (PRA) for current requirements.

### Pre-requisite Unit

Nil

### Unit Sector

Performance services horse (PSH)

### Elements and Performance Criteria

Elements	Performance Criteria
<i>Elements describe the essential outcomes.</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Review skills to improve racing performance	1.1 Assess current performance objectively 1.2 Identify and analyse barriers to improving own performance 1.3 Investigate coping strategies to address issues or barriers to improving performance 1.4 Develop and set performance improvement goals
2. Manage career and	2.1 Determine and prioritise career goals according to personal needs,

<b>Elements</b>	<b>Performance Criteria</b>
<i>Elements describe the essential outcomes.</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
personal priorities	including health issues 2.2 Plan lifestyle and personal welfare balance according to personal needs, including health issues

## Foundation Skills

*This section describes those language, literacy, numeracy and employment skills that are essential for performance in this unit of competency but are not explicit in the performance criteria.*

<b>Skill</b>	<b>Description</b>
Reading	<ul style="list-style-type: none"> <li>Access, interpret and analyse information relating to own performance achievements</li> </ul>
Learning	<ul style="list-style-type: none"> <li>Evaluate own strengths and challenges to develop plans to improve performance</li> <li>Seek feedback from others to improve performance</li> </ul>
Navigate the world of work	<ul style="list-style-type: none"> <li>Understand the nature of employment within the racing industry, associated pressures, and strategies for career progression</li> </ul>
Get the work done	<ul style="list-style-type: none"> <li>Organise and sequence goals, adjusting plans and decisions as knowledge develops</li> </ul>

## Unit Mapping Information

<b>Code and title current version</b>	<b>Code and title previous version</b>	<b>Comments</b>	<b>Equivalence status</b>
RGRPSH418 Set goals to improve racing performance	RGRPSH418A Set goals to improve racing performance	Updated to meet Standards for Training Packages. Minor changes to performance criteria for clarity.	Equivalent unit

## **Links**

Companion Volumes, including Implementation Guides, are available at VETNet - <https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=5c4b8489-f7e1-463b-81c8-6ecce6c192a0>